



# **NORTH SHORE FC**

## **PROGRAM OVERVIEW**

### **SEASON 2026 - 2027**

## **PLAYING SEASONS**

### **YOUTH TEAMS**

**Kindergarten to 8th grade (U7 - U14)**

**Fall:** August 8/17 - November 11/8 - 11 weeks

**Winter:** November 11/30 - March 3/14 - 13 weeks

**Spring:** March 3/29 - June 6/6 - 11 weeks

### **HIGH SCHOOL TEAMS**

**Freshman to Senior (U15 - U19)**

#### **Girls**

**Fall:** August 8/17 - November 11/8 - 11 weeks

**Winter:** November 11/30 - February 2/28 - 11 weeks

#### **Boys**

**Winter:** November 11/30 - March 3/14 - 13 weeks

**Spring:** Spring, March 3/29 - June 6/6 - 11 weeks

## **US Youth Soccer returning to Seasonal - year age group formation.**

Starting Fall 2026, all competitive competitions will be done based on the following school year (grade year) based age calendar.

Here are the age groups for competitive competitions for the Fall 2026 - Spring 2027 soccer year.

<b>BIRTHDATE</b>	<b>AGE GROUP</b>
August 1, 2020 - July 31, 2021	U6
August 1, 2019 - July 31, 2020	U7
August 1, 2018 - July 31, 2019	U8
August 1, 2017 - July 31, 2018	U9
August 1, 2016 - July 31, 2017	U10
August 1, 2015 - July 31, 2016	U11
August 1, 2014 - July 31, 2015	U12
August 1, 2013 - July 31, 2014	U13
August 1, 2012 - July 31, 2013	U14
August 1, 2011 - July 31, 2012	U15
August 1, 2010 - July 31, 2011	U16
August 1, 2009 - July 31, 2010	U17
August 1, 2008 - July 31, 2009	U18
August 1, 2007 - July 31, 2008	U19

## TRYOUTS

Tryouts are held annually the first week of May. Tryouts are open to all players boys and girls who wish to join one of our teams for the new soccer year. Tryouts consist of two practice days so the club can evaluate new players.

After tryouts players will be notified of being accepted or denied a roster spot, if accepted players are placed on our new teams in preparation to play Fall season of the new soccer playing year. For example May 2026 tryouts will be held to create our teams to play in Fall (August) 2026 for the playing year 2026 - 2027, teams will be formed to play year round Fall, Winter and Spring.

## NSFC TEAM NAMES AND LEVELS OF PLAY

Our teams are ranked by which division they participate in league play. Some teams may have multiple teams at one grade year so players are then split into teams based on their natural skill level. We want our players to maximize their development and soccer potential so placing them in correct teams is very important for team competitiveness and overall player development. Players are placed in teams after our annual club tryouts held in May.

## ELITE TEAM

**Boys:** Division 1 or 2 of YSSL league play or any team that plays in the NPL league, IYSA State premiership or midwest conference.

**Girls:** Division A or B of IWSL league play or any team that plays in the NPL league, IYSA State premiership or midwest conference.

## **BLACK TEAM**

**Boys:** Division 3 or 4 of YSSL league play

**Girls:** Division C of IWSL league play

## **VOLT TEAM**

**Boys:** Division 5 of YSSL league play

**Girls:** Division D of IWSL league play

All of our teams have an opportunity to move up a league division during the soccer playing year if they win their division or place second in league play. Team names will change based on division that team plays in.

Players will also have an opportunity to move to another NSFC team of higher level based on performance or skill development during the playing year.

## **TOURNAMENTS**

All NSFC teams will play in two local tournaments during the season however all teams will be given the opportunity to play in additional tournaments for an extra fee. Tournaments could be local or an out of state event.

Our Elite level teams will play in three events during the season that could include a State, Presidents or Illinois Cup with qualification to regional and national events. Tournaments can be scheduled over these holiday weekends; Labor day, Presidents day and Memorial day.

# **PLAYING YEAR SEASON OVERVIEW**

## **YOUTH TEAMS**

### **Fall**

- 2 - 3 practice days per week
- 8 league games - 4 home games, 4 away games
- 1 tournament

### **Winter**

- 2 practice days per week
- 8 league games - Libertyville Indoor soccer complex

### **Spring**

- 2 practice days per week
- 8 league games - 4 home games, 4 away games
- 1 tournament

# **HIGH SCHOOL TEAMS**

### **Girls**

#### **Fall**

- 2 practice days per week
- 8 league games - 4 home games, 4 away games
- 2 tournament events

#### **Winter**

- 2 practice days per week
- 8 league games - Libertyville Indoor soccer complex

## **BOYS**

### **Winter**

- 2 practice days per week
- 8 league games - Libertyville Indoor soccer complex

### **Spring**

- 2 practice days per week
- 8 league games - 4 home games, 4 away games
- 2 tournament events

Elite teams will have three tournament events during the playing year, all NSFC teams will be awarded additional tournaments during the season for an additional cost. Tournaments will be planned based on player availability.

## **GAME SCHEDULES**

League game schedules are posted usually one month before the start of that playing season for example; Fall season league games starting in September, games are usually finalized and posted early August.

**Girls** league games are usually played on Sunday's for the IWSL league.  
**Boys** league games are usually played on Saturday's for the YSSL league.

All teams could play on different days during the season based on coach scheduling with other teams or events planned. Tournament games are played Friday, Saturday and Sunday.

## **FIELDS**

All practice and home games are played in Lake Forest. Away games are usually no more than a 45 minute drive and games are played in the surrounding north suburbs such as Libertyville, Grayslake, Deerfield & Northbrook.

Elite teams may travel over one hour for away games in the Chicagoland area or out of state.

**Primary home field:** Lake Forest high school west campus.

**Primary practice locations:** Deerpath community park & Northcroft Park.

## **UNIFORM**

European sports based in Schaumburg is the main provider for our NSFC uniforms. Players will purchase uniform directly from our club store and have the uniform delivered to their house address or in store pick up. New players will order our 'mandatory player package' which will include all items such as; game jerseys, practice jerseys, shorts, socks and warm up jacket, additional items such as backpacks and coats can also be purchased.

Players are solely responsible for wearing the correct NSFC uniform to all practice and games. **The NSFC uniform is not included in the club program annual fee** this is an additional fee that all new players have to purchase.

# PRE SEASON SOCCER CAMPS

NSFC offers a variety of soccer camps in Summer to prepare players conditioning and technical skills before the start of the new playing season in Fall. The pre season soccer camps are open to all players starting from Kindergarten to High School age groups.

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## Summer Weekly Training - 12 sessions

Tuesday & Wednesday's - 6:00 - 7:30 PM

Starting in June 6/23 - 7/29

2 x practice's per week (6 weeks)

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## Pre Season Training Camp - WEEK 1

Monday - Thursday - 6:00 - 8:00 PM (4 days)

Starting August 8/3 - 8/6

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## Pre Season Training Camp - WEEK 2

Monday - Thursday - 6:00 - 8:00 PM (4 days)

Starting August 8/10 - 8/13

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## U6 Kindergarten & First Grade - Soccer Camp

Week 1 - Starting August 8/3 - 8/6

Monday - Thursday - 5:00 - 6:00 pm

Week 2 - August 8/10 - 8/13

Register for Soccer camps at: [rbsoccer.com](http://rbsoccer.com)